PSHE & Citizenship EYFS



Early years

- Fairness: Behaviour
- Fairness: Sharing
- Relationships: Relationships at school
- Relationships: Relationships at home and in the community
- Choices: Keeping healthy
- Choices: Being independent

Relationships: Relationships at home and in the community

Useful books

I Love You, Little Monkey by Alan Durant and Katharine McEwen

A story about Little Monkey, who misbehaves, causing Big Monkey to get very cross. Although Big Monkey doesn't always like Little Monkey's behaviour, Big Monkey never stops loving Little Monkey.

The Trouble with Jack by Shirley Hughes

A story about a little girl whose younger brother is messy, often spoils her toys and gets them both into scrapes. Then, on the big day, he ruins her birthday party.

My Mum by Anthony Browne

This book describes the many talents and characteristics of a Mum in a charming and humorous way. There is also a book about My Dad.

Activities

- During a circle time session, encourage the children to talk about families. What is a family? Explain that there are different types of families, and give some examples, such as: some children may live with their mummy and their daddy; some may just live with mummy while others may just live with daddy; some children may live with two daddies or with two mummies; some children may live with their mummy for part of the week and live with their daddy for part of the week; some children live with their mummy, daddy, nanny and grandad, and so on. Ask the children who is in their family. Encourage them to draw a picture of the family members who live with them. Expand on this by then creating a very simple family tree, where they can add grandparents, aunts, uncles etc.
- Discuss how families change. Sometimes, new brothers or sisters arrive and children have to share their belongings or understand that their younger sibling may want to take things that are theirs. Read the book *The Trouble with Jack* by Shirley Hughes (see Useful books, above). What is the trouble with Jack? Is he really trouble? How are Nancy and Jack different? Ask the children to think about how Jack and Nancy can sort out their troubles and how Nancy can begin to enjoy having Jack as her little brother.

- Introduce the books *My Dad* or *My Mum* by Anthony Browne (see Useful books, above) as a focus and ask the children to think about a family member they would like to make a book about. Encourage the children to think of skills or characteristics their chosen family member has and ask them to draw pictures and write them in their book.
- Change role play areas regularly create a home, a police station, a fire station, a doctor or dentist's surgery, an ambulance station or a school. Model how these areas can be used, encouraging the children to offer their suggestions.
- Invite a family member into school for a play afternoon. The children can help prepare this by: writing and posting an invitation; organising the activities they would like to do with their visitor; making a biscuit or cake to offer their visitor.
- Invite members of the children's families into school to read a story with a small group of children.
- Invite a member of the community into school to talk about his or her job. In preparation, encourage the children to think about suitable questions to ask.

- Arrange a trip to a fire or police station.
- Choose a picture of a person who helps us. Do not show the picture to the children. They then have to ask you suitable questions to find out what picture you are holding, for example:
 - Does the person wear a uniform?
 - What colour is their uniform?
 - Does the person climb a ladder?

Repeat with a different occupation. Children could then play this game in pairs as a social time activity.